

# 2022 VISION BOARD

My Name:

Physical:  
Walking solo  
Walking dog Butter  
yoga  
garden  
housework  
hiking

Spiritual:  
my life is a prayer  
rituals  
rosary  
nature  
writing

Mental:  
writing  
math  
piano  
organizing  
blogging

Relational:  
Husband  
kids  
granddaughter  
mom and family  
sister  
friends/blog/recovery

Professional:  
thinking about meaning of life  
writing  
networking through blog and  
other???  
therapy/life coaching help

Financial:  
Don't spend  
give away

Travel and Recreational Vacations- Maui coming up  
writing retreats  
Central coast adventures with Butter  
concert in July  
making goats milk soap/cooking/gardening/hammock/photo  
album/houseplants/music/reading non-fiction/self-help  
improvement/finding and memorizing quotes/philosophy